



Music for Healing and Transition Program™, Inc. (MHTP)

*We train and certify musicians to provide
personalized live therapeutic music at the bedside
to create a healing environment.*

2023

Annual Report

Board President Annual Report 2023

Our board continues to transition from the “kitchen table” to the “boardroom table” while still building strong relationships with each other in support of MHTP. As president I certainly appreciate the dedication our board members give to attending meetings with appropriate preparation so that discussions are productive and decision making is efficient.

Activities/Accomplishments:

- Implemented results of board self-assessment questionnaire to address initial identified deficiencies.
- Updated Chief Executive Officer’s (CEO) evaluation with a formal process and assessment tool.
- Updated SWOT (Strengths Weaknesses Opportunities Threats) into a SOAR (Strengths Opportunities Aspirations Results) document to guide 2024 goals and activities.
- Continued to support progress toward strategic goals through budget and resource allocation.

Recognition of Therapeutic Music	Resource Development and Stability
Outcome of work in this direction will support and be supported by work in the resource development direction.	Working toward strengthening our three sources of income: tuition, CEU offerings, and fundraising.

Of course, one of the biggest hurdles facing MHTP, as with any non-profit board, is finding and recruiting new board members. We continue to seek individuals with expertise in the non-profit legal field and in the area of health care administration. Benefits for board members include having a direct impact on the management priorities, strategies, and actions of MHTP; free registration for MHTP modules and any MHTP-sponsored class for gaining CEUs; and free registration for the MHTP Biennial Conference. If you, or someone you know, meets these criteria, and is interested in applying for consideration, more info can be found at www.mhtp.org, →resources →job openings. Please don’t hesitate to contact me with questions.

Respectfully submitted,

Angela F. Brown, CMP

Angela Brown, CMP, President, MHTP

2023 MHTP Board of Directors:

Angela Brown, CMP, President
Shenée Rayford, Secretary
Howard Rosen, CPA, Treasurer
Chuck Beckman, CMP
Martha Lewis, MA, CMP, MTS, MHTP Co-Founder

Chief Executive Officer Annual Report 2023

In 2023 MHTP attained several major goals. To carry out the MHTP mission, meet the evolving needs of our students, and support our graduates, MHTP staff continuously assessed for situations that required quick and efficient adaptations to maintain MHTP's financial health and educational standards.

Accomplishments in 2023:

- In support of the *Recognition of Therapeutic Music* strategic direction from the Board for 2023, greatly enhanced MHTP's online and social media presence through Search Engine Optimization improvements.
- Created a Google Business Profile with regular updates and connection with MHTP's social media; began robust keyword research and application for the MHTP website and other online resources.
- Established educational blogs housed on the MHTP website for outreach education about live therapeutic music, the work of Certified Music Practitioners (CMPs) and MHTP and other topics related to MHTP and CMPs.
- Produced a successful Enrichment Day for professional growth and CEUs for CMPs and included special pricing to bring this educational opportunity to our students.
- Strengthened student support by training three new Faculty across three different modules and two new Advisors.
- Supported and assisted in the National Program Council's creation of additional curriculum materials for students.
- Thanks to the MHTP community, exceeded the 2023 Year-End Appeal fundraising goal.
- Created MHTP's first live outdoor virtual event to commemorate 2023 Year-End Appeal donors' special dedications.
- Began planning for the 30th anniversary of MHTP

Goals for 2024:

- Commemorate MHTP's 30th Anniversary year through several special events, marketing outreach, and partnership building.
- Continue to increase MHTP diversity in all branches of our community.
- Produce MHTP's 11th Biennial Conference, which will be held in October 2024, to include a **celebration of MHTP's 30th anniversary**.
- Create a successful Spring Appeal to raise funds for student scholarships.
- Initiate one new advanced training program certification for CMPs.
- Engage in negotiations for one new education collaborative partner.

*Respectfully submitted,
Carol J. Spears, MS, CMP
Chief Executive Officer*

Deep appreciation to all the volunteers serving on the following committee and council.

Research Committee Annual Report 2023

Statement of purpose: *The MHTP Research Committee seeks and promotes evidence-based research to provide the highest-level professional information and educational support for MHTP students, Certified Music Practitioners, and those with an interest in live therapeutic music.*

Accomplishments in 2023:

Kept CMPs and MHTP students informed about research:

- Added relevant research articles to the MHTP website; updated website research by topic to make it easier to access relevant research.
- Supplied research summaries for the MHTP Newsletter.
- Members presented about research during the enrichment day.
- Halted offering the data collection form due to lack of response and possible HIPPA concerns.
- Promoted research projects by:
 - Supporting the Dignity Research Project (now in the data collection phase).
 - Supporting other on-going research projects and corresponding new research ideas in the preliminary stages.

Goals for 2024:

- Continue to keep apprised of new research and provide relevant studies' synopses for the MHTP newsletter and curriculum; provide analysis of possible Artificial Intelligence's impact on the field of live therapeutic music.
- Continue to support research projects involving CMPs or MHTP students.
- Help CMPs access and interpret studies related to our Scope of Practice through webinars, the MHTP website, and MHTP newsletters.
- Support the completion of the Dignity research project.
- Support the CEO's exploration of collaborations for research; identify persons and organizations conducting similar work.
- Complete/publish a paper.

Members:

Melissa Straus, 2023 chair

Judy Raab, 2024 chair-elect; Coordinator/ Co-investigator Dignity Research Project & Webinar leader,

Karen Peterson, former chair

Mary Superak, Principal Investigator- Dignity Research Project & Webinar leader

Claire Garabedian, webinar advisor, researcher

Wendy Clymer, committee member

National Program Council (NPC) Annual Report 2023

Statement of purpose: *The National Program Council serves as a liaison between the MHTP community members and the MHTP operational staff, and provides recommendations when appropriate regarding program-related issues. The NPC provides representation for Certified Music Practitioners and MHTP students in the carrying out of MHTP's mission.*

Accomplishments in 2023:

- Developed a standardized PowerPoint presentation addition to the curriculum for CMPs to market and find employment, facilitate preparation for discussions with facilities and present consistent MHTP messaging and branding. It will be launched in early 2024.
- Developed a document that illustrates on a single page the end-to-end experience of a student, supported by additional information on the general process and pre-module preparation and module materials. Advisors will use it as a tool to support students' expectations and progress.
- Developed an initial design for a single go-to place for documented information on transporting instruments and gear, organized by instrument; included an accompanying input form for CMPs and students to submit their information for instrument transport.

Goals for 2024:

- Continue instrument transportation project in 2024 which will include selection of an appropriate technology platform for it to reside.
- Support selected CEO 30th anniversary goals of creating a full Administrative History of MHTP and a specific marketing tool.

2023 National Program Council Members:

Heidi Boyle, Chair, MHTP student, 1st Term member
Rose Grace, Vice Chair, CMP, 1st Term member
Lauraine Carpenter, MHTP student, 1st Term member
Jennifer Evans-Kinsley, CMP, 1-year term
Debbie Kenny, CMP 1-year term
Karen Ashbrook, CMP, 2nd Term member
Susan Goldstein-Steinhauser, 1st Term member

2024 National Program Council Members:

Heidi Boyle, Chair, MHTP student, 2nd Term member
Rose Grace, Vice Chair, CMP, 2nd Term member
Lauraine Carpenter, MHTP student, 2nd Term member
Debbie Kenny, CMP 2nd Term member

2023 MHTP Donors

THANK YOU to our generous supporters listed below, who, together, donated a total of over \$9,120 in 2023

Aline Benoit	Eleanor Kelly Baker	Martha Lewis
Amazon Smile donors	Elesa Spears	Mary Shapiro
Ami Sarasvati	Facebook Donors	Matthew Peroutka
Angela Brown	Frederick Malouf	Melinda Gardiner
Anna Belle O'Shea	Gilbert Wade	Mike Hagye
Anne C. Olivo	Greg and Terri Maxwell	Paypal donors
Carol Spears	Harry Vayo	Pricilla Perry
Catherine Madsen	Heidi Boyle	Robin Hill
Catherine Mernin	Helen Wolfson	Sabrina Falls
Chuck Beckman	Howard Rosen	Saori Nystrom
Constance Muscenti	Karen Peterson	Shenée Rayford
Cynthia W Lewellen	Karen Stowe	Sherry Nalsen
Daniel Oliver	Katherine Dallaire	Stacy Salles
Debbie Fink	Lawrence Gene Jones	Tracy Reynolds
Deborah Hix	Louise Boffice	Trae Romano
Donna Hangen	Lynne Jones	Veronica Boyd-Gillis

In addition to the above donors to MHTP, **7** of our students were financially supported through outside scholarships totaling **\$13,093** from the following: **Music in Medicine, Inc., Music Partners in Healthcare, and Strings of Mercy**. From prior years' individual donations of **\$1,950**, **2** students were supported by **MHTP Scholarships**.

353 hours were reported by **MHTP Board Directors, National Program Council and Research Committee members** of **in-kind volunteer hours** donated to MHTP in 2023. Using an estimate of a modest fee of **\$100 per hour for consultants**, those hours represent **\$35,300 of in-kind professional support**.

Your donations of funds and volunteer time help us train more CMPs to meet the MHTP Vision Statement:

Personalized live therapeutic music, provided by a Certified Music Practitioner (CMP), is recognized as an essential service within the healthcare system.

Congratulations to the 2023 MHTP Graduates

Brynn Albanese, Violin, Cambria, CA
Tommy Armstrong-Leavitt, Guitar, Santa Rosa, CA
Carla Bak, Voice and Guitar, Inverness, FL
Eleanor Bateman, Keyboard, Woodland Park, CO
Noah Beck, Harp, Portland, OR
Peg Campos, Harp, Covington, LA
Lauraine Carpenter, Native American Flute, Toledo, OH
Wendy Clymer, Viola and Voice, Oakland, CA
Katie DeLaMare, Cello, Daytona Beach, FL
Candace DeLisio, Harp, Kittery Point, ME
Job Salazar Fonseca, Violin, Belmont, MA
Susan Goldstein-Steinhauser, Hammered Dulcimer, Owings Mills, MD
Rose Grace, Piano, Ormond Beach, FL
Debbie Kenny, Hammered Dulcimer, Phoenix, AZ
Cassandra H. Kremer, Guitar and Voice, Green Bay, WI

Wanda Lee, Guitar and Voice, Lenox, MA
Catherine Madsen, Harp and Voice, Olivet, MI
Brandi Amadio Nolish, Cello, Huntersville, NC
Jennifer Ogan, Harp, Weston, MA
Mary Bailey J. Orr, Guitar and Voice, Christiansted, VI
Tamra Payne, Voice, Dayton, OH
Thomas W. Porter, Cello, Beverly Hills, FL
Beth Schuller, Clarinet, Brunswick, ME
Michael Shugert, Piano, Sacramento, CA
Susan Silber, Voice and Tenor Recorder, Beverly Hills, FL
Brianna Kathleen Soldat, Keyboard, Copley, OH
Elizabeth Sullivan, Harp, Ann Arbor, MI
Marcia Taylor, Harp, Munster, IN
John Gerald Warpinski, Guitar and Voice, Green Bay, WI
Julia Wen, Cello, Lake Barrington, IL



Students in Module 4, December 3, 2023

Selected Voices of our 2023 CMPs...

*Before starting the program, I really did assume that I would just be playing pretty music on my instrument for people that did not feel well. I was blown away by the patient conditions and the specific approach musically to each one. This changed my mindset immediately. I have mentioned to nurses at the Hospital that our training for this program is extensive and what we play is based on patient conditions. Each time they are shocked. **Tommy Armstrong-Leavitt***

*I enjoyed all the modules. Some were very challenging. I was most grateful for all of the medical learning that was bestowed upon us. I use it all the time. The power of sound and the science behind all that vibrates, and everything vibrates. The teachers were organized and patient. Reminded me to show equal respect in that area as well. **Brynn Albanese***

*Once I started using a Heart-Centered Awareness technique before (Independent Practicum) sessions, the ability to naturally respond (to patients) came easily. It also made the work more meaningful. The excellence of tone and intonation wasn't a reflection of skill but a way to impact a patient more positively. I now see Heart-Centered Awareness as a vital component of this work. **Julia Wen***

*I think on a deeper level this program helped me to see the bigger picture. Through the readings we did, many of which are prized books on my own shelf now, and maybe especially through the (Independent) Practicum experience, I was able to understand so much more about the power of music and presence.... I am so grateful MHTP exists. **Brianna Soldat***

*I learned how truly beneficial the presence of music is in a hospital environment where everything is stark, bright, and clinical. I found that sometimes, it was merely the presence of someone who was not there to cure, test, poke, and prod that made such a big difference in a patient's disposition. I learned that playing to monitors gives direction but isn't nearly as effective as setting intentions and connecting with a patient and playing to their breath and expression. Some of my most favorite moments in the hospital have been playing in nurses' stations or outside of patient rooms and feeling the entire dynamic of the staff change from buzzing tension to fluid harmony. **Mary Orr***

*I also felt that I learned so much from my fellow classmates through the "study-buddy" pairing. It not only formed a more personal bond with a fellow student, but gave us a chance to share our thoughts, experiences and really try out approaches in a safe, fun, and informative environment. **Rose Grace***

*A patient's son who had been in the room with his Father during an Independent Practicum virtual session emailed me, saying his Father had passed a few hours after the session. He wanted to express gratitude for how nice it was to be with his father, reconnect with him through the music, and how soothing, calming, and peaceful it was. I gained a testimony that what I was doing through virtual sessions was making a big difference in people's lives; I was helping those patients, families, nurses, staff members feel loved, cared for, and thought of. **Job Salazar***