



# The Music Practitioner

e-Newsletter of the Music for Healing & Transition Program (MHTP)<sup>TM</sup>

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December 2017

## Music for Healing & Transition Program (MHTP) Welcomes New Executive Director, Dr. John Wyble

*by Carol J. Spears, CMP, President of MHTP Board of Directors*

The MHTP Board of Directors is pleased to announce the hiring on October 1, 2017, of Dr. John Wyble as its new executive director. Dr. Wyble is an accomplished executive and strategist with more than two decades of diverse experience leading organizations to sustained and strategic growth. His expertise includes executive leadership, organizational growth and development, and building collaborations and alliances. We are fortunate to have John's positive attitude and depth of experience in leadership and development to help guide MHTP into new partnerships and opportunities.



*Dr. John Wyble*

President and founder of Leadership Concepts, he brings a commitment to professional services with a national network to the educational and therapeutic service missions of MHTP. We are excited to have Dr. Wyble's enthusiasm and expertise to guide MHTP in growing its capabilities to bring trained Certified Music Practitioners to help patients in medical communities around the United States and beyond.

In addition to his varied executive roles, John has engaged in numerous speaking, professional development, and facilitator roles across the country. He is a former director of academic service-learning and volunteer programs at the University of Southern Mississippi, where he earned his doctorate in Leadership and Research. Dr. Wyble is a Certified Association Executive, a distinction earned by fewer than 5% of executives nationally.

## Spotlight on Advisor: Andrea Antognoni

I have been an MHTP advisor for four years, since 2013. I became an advisor after my advisor, Dawn Collins, recommended me. I was so honored and had such a great journey with her leading up to this offer, so I decided to go for it!



*Andrea Antognoni*

I had a lot of work experience in this field, coupled with a very personal story and drive that I felt would be helpful to students, especially having just finished the program myself. Everything was fresh in my mind as a newly graduated CMP.

One of the greatest challenges I find in being an advisor is that it's hard to explain in words what is to come. What I mean by this is that there is a certain mystery through students' own growth and journey in this program that an advisor cannot prepare the student for.

Another challenge is the physical distance between my students and me. One of my favorite experiences was a time when I was able to meet one of my students at a module. This particular student played a very unusual Chinese Harp, and meeting him allowed me to understand his instrument more up close and personal.

What I enjoy most about being an advisor is watching MHTP's students grow and ultimately graduate. That's the best reward and joy from being an advisor!

The advice I would give to students is: Listen to your own heart. Do everything with integrity. Grow and expand yourself with everything you do. Find your own path in this field of therapeutic music. There are many ways to create your own therapeutic practice that works for you. Work hard, and it will pay off.

*Andrea Antognoni is a CMP in Denver, CO. Her instruments are ukulele, voice, and kalimba.*

## Highlights of This Issue

MHTP Welcomes New Executive Director .....	page 1
Spotlight on Advisor .....	page 1
Module News .....	pages 2 & 3
Good-Bye to Dwight.....	page 2
Thank You to Retiring Teachers .....	page 3
Congratulations to New CMPs.....	page 4
Development Committee News .....	page 4

## Scheduled Modules for 2018

Check [www.mhtp.org](http://www.mhtp.org) or email [mhtp@mhtp.org](mailto:mhtp@mhtp.org) for new sites for upcoming class cycles.

**Live videoconference indicated where applicable with LVC. All others are on-site.**

### MODULE ONE: (Patient Assessment for Live Therapeutic Music/Injury Prevention)

Chicago, Illinois	January 20-21, 2018	LVC
Livingston, New Jersey	February 17-18, 2018	LVC

### MODULE TWO: (Music as a Language)

Chicago, Illinois	March 17-18, 2018
Livingston, New Jersey	May 19-20, 2018

### MODULE THREE: (Paradigms of Healing/Sound, Music, & Healing)

Denver, Colorado	January 12-14, 2018	LVC
Federal Way, Washington	January 19-21, 2018	LVC
Salt Lake City, Utah	January 25-27, 2018	LVC
Fort Worth, Texas	February 16-18, 2018	LVC

## Thank You, Dwight!

At the end of September, the MHTP Board of Directors said a most grateful but reluctant “good-bye” to Dwight Mater. Dwight served five months as our interim executive director after our then newly-hired ED resigned unexpectedly for a full-time job elsewhere. (MHTP’s ED position is 30 hours per week.) Left in an emergency situation after this resignation, Directors scrambled to find an interim ED. Through referrals from a few trusted individuals, Dwight was highly recommended to us for this transitional time. Dwight joined us in late April, bringing a good heart for nonprofit work and extensive relevant business experience. He immediately jumped into learning and managing daily operations of MHTP; supervising employees; supporting area coordinators, faculty, and staff; re-establishing financial activities and communications; seeking new training sites; and working to fill already-scheduled modules.

MHTP’s president, Carol Spears, worked with Dwight many hours per week to get him up to speed and then to make sure things were progressing as needed. All MHTP Directors put in countless uncompensated hours to ensure MHTP’s continuity, picking up tasks not normally done by Directors, and holding numerous extra Board meetings. Dwight calmly and capably joined and supported us in every endeavor.

As Directors said “good-bye” to Dwight at the final Board meeting he would be attending, one Director read a quote by Albert Schweitzer: “At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.” MHTP’s flame was rekindled, nurtured, and protected by Dwight’s competent and caring presence among us. Thank you, Dwight!

Chicago, Illinois	May 18-20, 2018	LVC
Livingston, New Jersey	June 22-24, 2018	LVC

### MODULE FOUR: (Etiquette and Internship/Profession of CMP)

Baltimore, Maryland	January 26-28, 2018	LVC
Denver, Colorado	March 2-4, 2018	LVC
Salt Lake City, Utah	March 8-10, 2018	LVC
Federal Way, Washington	March 9-11, 2018	LVC
Chicago, Illinois	July 20-22, 2018	LVC
Livingston, New Jersey	August 3-5, 2018	LVC

### MODULE FIVE: (Alterations in Health/Care of the Dying/Clinical Practicum)

Baltimore, Maryland	March 2-4, 2018
Denver, Colorado	May 4-6, 2018
Federal Way, Washington	May 18-20, 2018
Chicago, Illinois	September 21-23, 2018
Livingston, New Jersey	October 26-28, 2018

### Your Directors Listen to Your Feedback! Live Videoconference Modules Offered as On-Site Modules

Based on your requests to offer a variety of class delivery options, in addition to teaching Modules 1, 3, and 4 as live videoconference modules, MHTP is creating opportunities for students and CMPs to experience these modules on-site with on-site teachers and students. We will announce these module site locations and dates on the MHTP website ([www.mhtp.org](http://www.mhtp.org)), in the newsletter, and in the Yahoo group list as they are scheduled. To be viable to MHTP, the on-site delivery of our live videoconference modules will have higher fees, which may vary per site, depending on different costs to MHTP per site. We already have two such module sites scheduled and will be making the announcements soon.

For ease of communication, we will use the following way to refer to our class delivery methods.

- *Live videoconference modules* refer to classes in which teachers and students are connected through the Zoom platform on their individual computers or devices in their homes.
- *On-site modules* refer to any live videoconference module taught with teachers and students on-site at the module site.
- *Residential* refers to the former “summer camp” model of two modules in four days, with students and teachers staying overnight at the location. Residential modules are, by definition, on-site.

## Expanding MHTP's Outreach to Students Via Live, Interactive Videoconference Classes

by Carol J. Spears, MS, CMP, President of MHTP Board of Directors

MHTP's Board of Directors announced in the summer of 2017 that Modules 1 and 4 will be joining Module 3 in being taught through live interactive videoconference classes, starting January 2018. A carefully-considered vision from MHTP's strategic plan for many years has been the ability to teach musicians, internationally and in locations across the United States, who don't happen to be close to a module site. With this new structure of three out of our five modules accessible from a student's own home, this vision has now become a reality. Some of the benefits that we see are:

- Students will be able to study the core principles of MHTP and therapeutic music from anywhere with internet access.
- Travel costs of time and money to students will be reduced, making it possible for more students to learn and be certified as CMPs.
- More patients in need throughout the U.S., and in other countries in the future, will be served through increased number and locations of CMPs.
- Graduates will have increased opportunity to learn about updates in the annually-updated MHTP curriculum and earn CEUs by attending these modules for credit, without travel costs and time.
- Partnerships with educational institutions to offer MHTP training to their students becomes more feasible.
- MHTP's cost savings of teacher travel can be put to work for furthering other goals, such as partnering with medical facilities and marketing to increase job possibilities for CMPs, and promoting research on live therapeutic music to support our credibility in the medical community.

When the Board made the final decision to go forward in 2018 with this change, we also made the decision to include the opportunity to offer a few locations where all five modules are taught with on-site teachers, with a different price structure. When those plans are finalized, they will be announced on the MHTP website ([www.mhtp.org](http://www.mhtp.org)).

Now, having offered a full year of teaching Module 3 through live videoconference classes, we have learned from student evaluations and comments that their experiences using the videoconference format have, in the majority, been positive. The technology is simple to use. We are all able to view one another at the same time, hear one another, converse, and interact. We acknowledge that the sound quality of the music is different from when we are on-site. The ability to form connections and camaraderie still are present, and the teaching outcomes are the same as in on-site classes.

For those CMPs who have graduated over the years, we know you treasure your time in the modules. Your Directors trust that the same experiences and feelings will be carried forward for our new students in this new format of reaching out with our education program to people literally (we hope) from around the world.

Below are some examples of evaluation feedback from Module 3 videoconference students:

*How was your experience using Zoom for the class?*

- Fantastic! Saved me thousands of dollars!
- No issue whatsoever—it was a fully functional platform. I have used Adobe for several years to teach synchronously in a virtual setting, and this offers the same basic functionality.
- Zoom classes were excellent. The interaction is fine; everything just worked so well. It was great to not have to travel, lug instruments, etc. Great idea! It's nice to interact with others, but I loved taking the class from home.
- On a personal level, being home offered me a more private place to spread out and keep organized and to be able to re-view without having to move everything. I felt more focused. Also, the time factor of not having to travel and haul everything was nice.
- I thought the online class was quite successful, overall. [The teacher] was organized, informative, and did a wonderful job allowing us time to ask questions and to make comments.
- The remote class I participated in this module is a great way to connect more people that are interested in becoming CMPs in the future.

### Thank You to Retiring MHTP Teachers, Martha Lewis and Carol Joy Loeb

Two of our cherished teachers have announced their retirement from MHTP—Martha Lewis, Module 4, and Carol Joy Loeb, Module 5.

Martha is a co-founder of MHTP, has been a CMP since 1997, and has taught since 1995. She has taught all modules except Module 5. Martha also teaches expressive therapy workshops at Shalom Center in Spendor, TX, and is a trainer for Safeguarding God's Children, an Episcopal child abuse prevention training required for people working with children/youth. Her field of work outside MHTP is in expressive therapies, spirituality, and the arts, which she has taught at conferences and in churches throughout the country.



Martha Lewis

Carol Joy has been an RN since 1997, a CMP since 2004, a Module 5 teacher since 2007, and is a former Director. She presently works as a CMP and Board Certified Holistic Nurse on the Integrative Care Team at the University of Maryland Medical Center and the R. Adams Cowley Shock Trauma Center/University of Maryland Medical Center in Baltimore. Carol Joy has been instrumental in the creation and development of the program at University of Maryland Medical Center and will be continuing to focus her healing energies in this enviable model of music in healthcare.



Carol Joy Loeb

The Board of Directors has expressed our gratitude to Carol Joy and Martha for what they have given to MHTP and to all of you. We honor their decisions to follow their hearts' desire in their endeavors. We will miss them and will always consider them friends of MHTP.



## Congratulations to These New CMPs!

All graduates who have returned contracts and are current with the continuing education requirements are listed on the MHTP website.

Nancy E. Brockman  
Dylan Brown  
Joyce Brown  
Velvlea (Victoria) Cunningham  
Katrina Curdy  
Dawn Danis  
Eileen Derrick  
Heather Donovan  
Michelle Friedman  
Marj Haber  
Amy Hemker-Lauback  
Rachel Horvath  
Cindy Jennings  
Linda Johnson  
Megan Kwaitkowski  
Lisa Maurizi  
Diane Michal  
Brad Munn  
Bonnie Nicklaus  
Julie Rehder  
Andrew Steward  
Mark Tulga  
Susan Wilkes  
Jay Wright Wilson

## Development Committee News

In connection with an organization such as MHTP, the word *development* most likely brings to mind “the organized activity of soliciting donations or grants.” However, we as a committee also view development as a process of growth, or in musical terms, “an elaboration of a theme with rhythmic and harmonic variations.” Our theme in this case is the mission of MHTP—serving patients and enhancing healthcare.

If you received the email version of our annual appeal, then you read that our goals are (1) to create partnerships with health systems and medical facilities to provide employment for our graduates, (2) to expand our reach to be able to provide our curriculum to anyone anywhere, and (3) to enroll 75 new students in the coming year. With your support, we are confident that we can achieve all three!

In addition to supporting MHTP through your monetary donations, you can help in the following ways:

- *Participate in monthly themed events.* As an organization, we have increased our use of social media in an effort to share what MHTP is about, and what CMPs do on a daily basis. You may have noticed our monthly themed posts centered on National Relaxation Day and Make a Difference Day—this effort on Facebook increases our visibility among audiences who would not ordinarily seek out our offerings. Join us for our monthly celebrations and share your experiences (in a HIPAA-compliant manner), using the assigned hashtag along with #MHTP, either as your own status or on MHTP’s page.
- *Share musical examples on Facebook.* Another way you can help is by volunteering to share musical examples on your certified instrument(s) through live feed on Facebook with the hashtag #ThursdaysWithTherapeuticMusic. These 20-minute evening sessions highlight MHTP’s broad categories of certified instruments, along with introducing therapeutic music to a wide audience of interested listeners. Instructions and a script are provided for all players—contact Karen Peterson at [kleepet@gmail.com](mailto:kleepet@gmail.com) or 201-344-7728 if you would like to be a part of this exciting initiative!

Finally, the committee is looking forward to announcing some new MHTP-partnered CEU-earning workshops in 2018.

Join us—in any and all ways you are able—in supporting MHTP and sharing the healing power of therapeutic music with patients and their families through new students, new partnerships, and new technologies.

Angela Brown, co-chair  
Debby Hix, co-chair  
Karen Peterson  
Carol Spears



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